

EARTH DAY AWARENESS

This April 22nd is Earth Day. Let's make a contribution and show our awareness by conserving our shopping bags. Together we can make a difference in 3 steps:

- 1) **RE-USE** instead of throwing away a bag after one use, bring it back with you and re-use it on your next shopping trip to the market or the mall!
- 2) **REFUSE** because you'll have last weeks bags with you when you shop, you can decline any new bags!
- 3) **RECYCLE** always put old worn bags in your recycling bin or bring them to a store that collects them, instead of simply throwing them in the garbage.

FYI – plastic bags are non-biodegradable and unnecessarily fill our dumps and landfills. Paper bags add to the destruction of our forests.

THINGS DO TO HELP SAVE OUR RAIN FORESTS:

IN YOUR HOME....recycle everything you can: newspapers, cans, glass bottles and jars, aluminum foil, motor oil, scrap metal, etc.

Use phosphate free laundry and dish soaps.

Use cold water in the washer whenever possible.

Store food in re-usable containers instead of plastic wrap or aluminum.

Don't leave water running needlessly.

Install a water-saving, chlorine removing shower head.

Turn off lights, TV, or other electrical appliances when not in use.

WHEN YOU'RE SHOPPING....avoid buying food or household products in plastic or Styrofoam containers; they can't be recycled, and don't break down in the environment.

Think twice about buying "disposable" products; they really aren't and are extravagant wastes of the world's resources. Buy PAPER instead of plastic "disposables"; they break down better and don't deplete the ozone layer as much.

IN YOUR YARD....start a compost pile.

Pull weeds instead of using herbicides.

Use only organic fertilizers – they're still the best.

Compost your leaves and yard debris; burning them creates air pollution and putting them in the trash wastes landfill space.

Use mulch to conserve water in your garden.

Take extra plastic and rubber pots back to the nursery.

Plant short, dense shrubs close to your homes foundation to help insulate against the cold, conserving heating costs.